

# NATIONAL DOUBLE DUTCH LEAGUE

## 7<sup>TH</sup> ANNUAL DOUBLE DUTCH CAMP

### TRAINING WORKSHOP & NATIONAL TOURNAMENT

At Saint Leo University, Saint Leo, FL (Tampa)



[www.NDDL.org/camp.htm](http://www.NDDL.org/camp.htm) • (813) 961-4009

NDDL is pleased to offer our 7th Annual **Double Dutch Training and Tournament Camp**. It is the nation's only Double Dutch camp for coaches, teams, & individuals, who want to learn more about the sport and improve their skills. This program offers five days of workshops, outstanding instruction, intensive skills training, and culminates in a camp-wide, official NDDL "Double Dutch Challenge" tournament.

☆ Train with international & national champion coaches, and the same NDDL clinicians who taught Corbin Bleu & Keke Palmer for the Disney Channel movie Jump In!

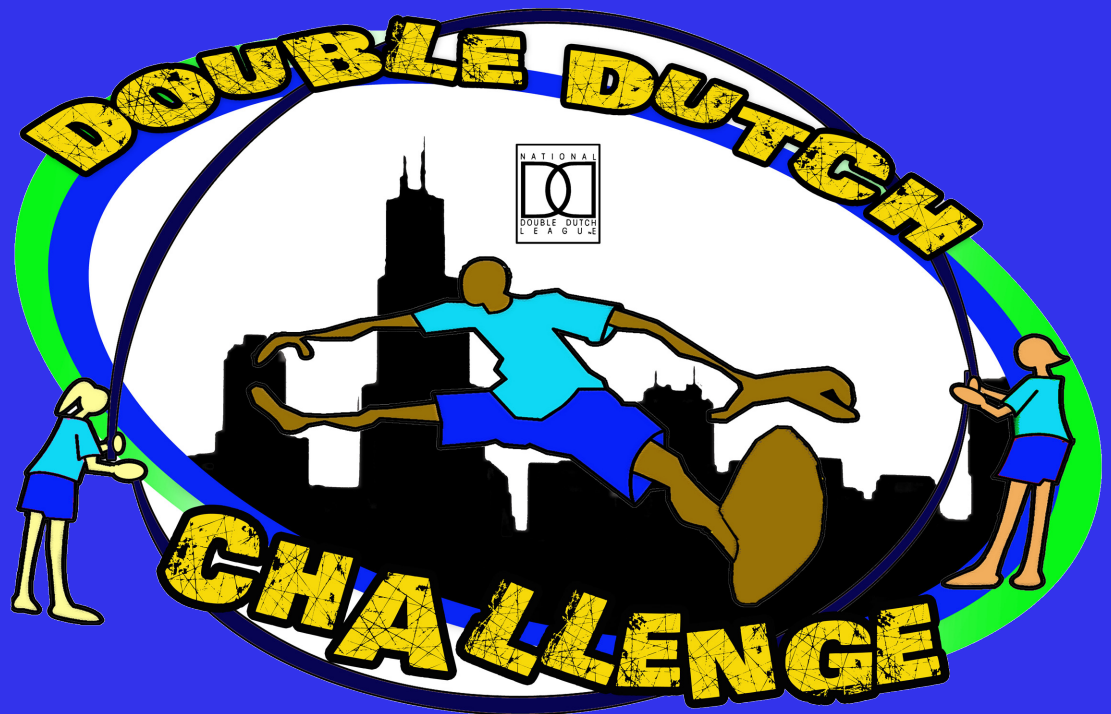
☆ Double Dutch Compulsory, Speed, and Freestyle / Fusion workshops

☆ Special workshops for coaches

☆ Pool and other recreational facilities

☆ Complete supervision at all times

☆ Safe, secure accommodations & well-balanced, nutritious meals



**2011  
CAMP  
BROCHURE**

# NDDL DOUBLE DUTCH CAMP TRAINING WORKSHOP & TOURNAMENT

## DATES

### JULY 19 - JULY 23, 2011

Camp session runs Tuesday afternoon to Saturday afternoon, concluding with an awards ceremony. Coaches & campers are expected to arrive on campus by 3:00 on Tuesday and should plan to depart Saturday between 3:00 & 5:00 pm.

## LOCATION & HOUSING

### SAINT LEO UNIVERSITY

33701 State Road 52  
Saint Leo, FL 33574-6665  
(800) 334-5532  
More information and directions available at:  
[www.saintleo.edu](http://www.saintleo.edu) or visit  
[www.NDDL.org/camp.htm](http://www.NDDL.org/camp.htm)



### HOUSING

Housing on campus and meals are included. Campers must provide their own linens (sheets, pillows, towels, etc.) otherwise there will be a \$15 linen charge. Campers will be housed two persons per room. We will make every effort to honor all roommate requests. Coaches will be housed on the same floor as their teams, with another coach. A coach may request an individual room for an additional fee. (Contact Lauren Walker at 813-961-4009)

## TUITION & DEADLINES

**\$ 380 EACH RESIDENT COACH / CAMPER**

### REGISTRATION DEADLINES

All application forms are due by **June 19, 2011**. Any new registrations after June 19, 2011 will be charged a mandatory additional **\$50** late fee per person.

A **non-refundable \$60** per person deposit is required with each application and must be submitted by June 19, 2011 to reserve your spot. The \$60 deposit will be deducted from your tuition balance.

**Tuition balance** is due by **July 5, 2011**. Balances that are not paid in full by June 19, 2011 will either be charged a mandatory additional **\$50** late fee, or NDDL may cancel your reservation.

## CANCELLATION & REFUND POLICY

NDDL will offer a full refund to any cancellation requests received in writing before June 19, 2011.

**NO refunds will be made after June 19, 2011, for ANY reason including: late arrivals, early departures, dismissals, time conflicts, illness, prior injuries or injuries that occur at the camp.**

## ELIGIBILITY

### BEGINNERS, INTERMEDIATES, AND ADVANCED LEVELS

Anyone age 8 and over may attend. Coaches, team members, individuals. Boys and girls welcome!

We will accept individual applications, so even if you don't belong to a team, you can attend, and learn everything to teach your friends and start your own team! However, first preference will be given to team members and their coaches registering to attend as a group.

## FACULTY

### RENOWNED INTERNATIONAL & NATIONAL DOUBLE DUTCH COACHES, EXHIBITION TEAMS & FITNESS COACHES

Some of our featured clinicians:



**Stephone Webb**, aka "The Dutchmaster". Renowned Double Dutcher, choreographer, and trainer. Team Leader of champion *Jumpers in Command*, and the *DDDD* exhibition team.



**Karen Vanderbug**, Director of city-wide Double Dutch programs in New York City. Clinician of numerous training programs and judge of city and state-wide competitions, including the annual NDDL Holiday Classic.

NDDL may substitute or engage any clinicians or speakers to best meet the needs of the Camp. For updated list, please visit our website: [www.NDDL.org](http://www.NDDL.org)

## TYPICAL DAILY SCHEDULE

Breakfast	7:30 - 8:30 am
Stretching / Warm-Up	8:30 - 9:00 am
Performance Drills / Fitness	9:00 am - 12:00 pm
Lunch	12:00 - 1:00 pm
Rest & Relaxation	1:00 - 2:00 pm
Routine & Technique	2:00 - 5:00 pm
Freestyle Training	
Classroom Presentations	
Lectures	
Demonstrations	
Free Time	5:00 - 5:30 pm
Dinner	5:30 - 6:30 pm
Coaches Workshops/Activities	7:00 pm
Lights Out	10:30 pm



# NDDL DOUBLE DUTCH CAMP-TEAM INFORMATION FORM 2011

IF REGISTERING AS A GROUP PLEASE FILL OUT AND INCLUDE THIS FORM WITH YOUR APPLICATION

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## GROUP / TEAM INFORMATION

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Coach's Name \_\_\_\_\_

Team Name \_\_\_\_\_

Organization Name [if applicable] \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Number of persons attending \_\_\_\_\_

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## TEAM MEMBERS INFORMATION

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Team Members' Names

Grade (next fall)

1. \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

10. \_\_\_\_\_

11. \_\_\_\_\_

11. \_\_\_\_\_

12. \_\_\_\_\_

12. \_\_\_\_\_

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## GROUP APPLICATION CHECKLIST

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- Completed application form enclosed for each team member?
- Completed application form enclosed for coach?
- Deposit payment enclosed for coach and each team member?
- Or - total payment enclosed for coach and each team member?
- Late fee enclosed, if applicable?





# NDDL DOUBLE DUTCH CAMP 2011 APPLICATION

ALL APPLICANTS MUST COMPLETE THIS FORM - TEAMS PLEASE ALSO FILL OUT TEAM INFORMATION FORM

## PERSONAL INFORMATION

Applicant's Name \_\_\_\_\_ M  F  [check one]  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work \_\_\_\_\_ Email \_\_\_\_\_  
Grade (next fall) \_\_\_\_\_ T-shirt size \_\_\_\_\_  
Coach  Individual  Team Member Applicant  [check one]

## ADDITIONAL INFORMATION

Main Areas of Interest: Basic Skills  Speed Training  Coach's Training  Freestyle / Fusion   
 Roommate Request: \_\_\_\_\_  
 Team Name: \_\_\_\_\_ [for applicants registering with a team ]

## PAYMENT INFORMATION

\$60 reservation deposit / each person [by 6/19/11]  \$380 full tuition / each person  \$50 Late fee / each person [6/19/11]  
Amount of enclosed Check: \$ \_\_\_\_\_ ▶ Payable to National Double Dutch League \*\$35 returned check fee  
Pay by Credit Card  Visa  Master Card  Discover  American Express  
Credit Card # \_\_\_\_\_  
Expiration Date [mm/yy] \_\_\_\_/\_\_\_\_  
Security Code \_\_\_\_\_ (On the back of your card, locate the final 3 digit number; Amex, final 4 digit number on front of the card)  
Required for your safety and security  
Card Holder Name \_\_\_\_\_  
Billing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone [must be same as billing address] \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ (for verification purposes only)  
Card Holder Signature \_\_\_\_\_



## PARENT / GUARDIAN PERMISSION WAIVER

I hereby authorize the directors and agents of the National Double Dutch League to act in my behalf using their best judgment in any emergency, including medical emergency. I hereby waive and release the League, Camp, its employees, volunteers, directors, sponsors, suppliers and facilities from any and all liability for illness or injury incurred while attending the Double Dutch Camp. I know of no mental or physical problems that might adversely affect my / my child's ability to participate in this Camp. I hereby grant the NDDL permission to use any photographs or video of me / my child for promotional purposes. I have read the information on the NDDL Camp brochure and agree to its terms and conditions.

Parent/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

Applications by: ☆ **MAIL**  
National Double Dutch League  
P.O. Box 270598  
Tampa, FL, 33688

☆ **FAX**  
813-961-4009

☆ **ONLINE**  
[www.NDDL.org/camp.htm](http://www.NDDL.org/camp.htm)